

Hug Cards

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MATERIALS NEEDED:

- construction paper
- scissors
- glue
- markers
- **googly eyes** (optional)
- glitter (optional)

DIRECTIONS:

1. Fold one piece of construction paper to create two flaps with the middle section a little bit larger.
2. Have the kids trace their hands onto another piece of construction paper. Younger kids might need a little help with this step.
3. Cut out a heart, the hand shapes, and two long rectangles which will be the arms.
4. Glue the heart to the middle section inside the card.
5. Next, glue the hands to the arms. Glue one arm on each side of the heart. Create a face on the heart.
6. Decorate the inside and outside of the card with markers, glitter, etc.
7. Sign your name.

<https://www.somewhatsimple.com/give-a-hug-card-craft/>



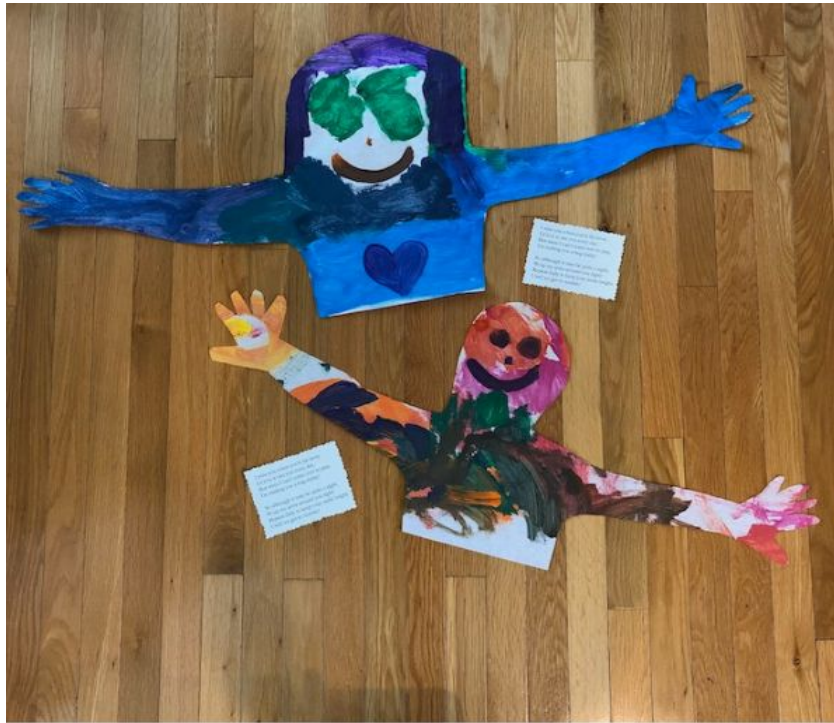
MATERIALS:

- Construction paper
- Scissors
- Glue
- Markers or foam letters

DIRECTIONS:

1. Cut out a big heart (You can trace it and let children cut it out)
2. Glue the heart in the middle of a piece of construction paper
3. Fold a piece of paper in half and trace both hands. (You want two of each hand, so you may need two pieces of paper.)
4. Glue the two right hands on both sides of the right side of the paper (so it is visible when the card is opened and closed) repeat on the left.
5. Use some stickers or markers to add the sentiment inside.
6. Sign your name.

<https://munofore.com/wp/2015/10/a-big-hug-card-craft-for-kids/>



MATERIALS:

1. Spread out a long sheet of butcher paper.
2. Trace the child's head, arms, and upper torso onto the paper.
3. You can either cut it out now or decorate first and then cut. We used paint but markers or crayons would work just fine!
4. Print or write out the message below to accompany the hug.
5. Sign your name.

MAIL A HUG

An easy way for kids to brighten the day of a friend or loved one that they don't see often!

Here's a message you can copy and print out:

"I miss you when you're far away. I'd love to see you every day. But since I can't come over to play, I'm mailing you a hug today.

So although it might be quite a sight, wrap my arms around you tight. Repeat daily to keep your smile bright, until we get to reunite!"

<https://www.theleangreenbean.com/mail-a-hug/>





MATERIALS:

- Paper (cardstock or construction paper works best)
- Scissors
- Colors or markers
- Ribbon or string
- Glue, stapler or hole puncher
- Printable message (optional)

Note to include with your hug:

<https://sunflowerstorytime.files.wordpress.com/2013/10/mail-a-hug-rhyme-cards1.pdf>

DETAILS:

1. Trace each hand.
2. Cut each hand out and decorate each hand. You can write a message on the hands.
3. Sign your name on the hands.
4. Attach the ribbon or string to the hands using glue, stapler or a hole puncher.
5. (optional) Print out the hug message from the link above. You can glue it to one of the hands.

<https://myhomebasedlife.com/mail-hug-handprint-craft/>